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BEYOND®  
WhiteSpa

# Treatment Menu

glo  
day spa

7 Glyde Street  
Mosman Park WA 6012  
Tel: (08) 9384 9491  
Fax: (08) 9284 3111  
glo@glodayspas.com  
www.glodayspas.com



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All our facials include face, neck and shoulder massage using only the finest ingredients from Thalgo Skin Logic. Facial waxing is included in all facials.

Are you the Sensitive type? A little on the dry side? Let us analyse and prescribe you the perfect treatment, suitable to your skin. You simply relax and experience paradise.

Pamper yourself with the most advanced spa treatments of today using Thalgo skin care. This French cosmetic range enhances the synergy between mind and body, delivering the ultimate in relaxation while moisturising, toning and promoting total skin nourishment.

## FACIAL THERAPY



## GIFT VOUCHERS

Treat that special someone with the ultimate pampering experience at Glo Day Spa. Whether it is for birthday wishes, a thankyou gesture to a work colleague or friend, or just to give your loved one some time-out.

Glo Day Spa will ensure their experience is one to remember.

Terms and conditions:

- Gift vouchers are available as a \$ value or per treatment.
- Phone orders are welcomed.
- Please treat your gift voucher like cash, as it is a valuable document and cannot be replaced if lost.
- The voucher must be redeemed by the due date, unless otherwise specified.
- The voucher may not be redeemed for cash.
- The voucher will be deemed void if notice of cancellation for a treatment is not received within 24 hours.



## Treatments

### Glo Signature Facials \$100

Classic facials for creating radiant skin, a great way to experience the Thalgo product range. GREAT for gift vouchers.

### Ocean Algae Healer \$110

Natural marine algae, rich in Vitamin and Minerals. This treatment gently buffs away impurities, refines texture, purifies pores and speeds up the elimination of impurities. A rebalancing facial suited to a troubled skin with breakouts.

### Calm Me Down \$110

Sensitive skin deserves special handling, we baby it with extremely calming products.

### Aroma De-stress \$110

An intense treatment combined with essential oils chosen for your skin type. Relieves tired and stressed skin; leaves your mind, skin and senses totally relaxed.

### Beauty Flash \$110

Moisture, moisture and more moisture.

### Oxygen Blast \$110

This booster treatment is brimming with antioxidants. The energy boosting facial protects as it brightens, smoothes and enlivens the skin.

### O2 Ocean Acid Wash \$110

Very powerful in reducing the effects of the sun and pollution. It softens lines and evens out skin tone leaving a smooth and healthy complexion. One is good, four is better. In a course we need your help at home. We offer 10% off your home care kit.

### High Performers \$120

Especially for skin that is fatigued or depleted by stress, these advanced treatments refreshes and revitalises. Dual mask nutrients are delivered into skin cells and proper hydration is restored.

**Marine Collagen** - deeply hydrating skin feels dewy.

**Marine Elastin** - firms, tones & revitalizes this one has a special brush massage technique.



All prices include 10 % GST.

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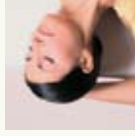
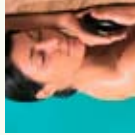
Gift Voucher

## FACIAL THERAPY

Men's skin has special needs; it is thicker, richer in sebum (oil) and can be stressed by the daily process of shaving. Thalgo Men has been specially created to cleanse, soothe and treat the essential needs of male skin.



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## Hand & Foot Treatments

20	Paraffin Hand Treatment
65	Hand Retreat
27.50	Express Manicure with Facial
80	Foot Retreat
35	Mini Manicure

## Bare Necessities

65	Full Leg Wax
38.50	½ Leg Wax
50	with Bikini!
20	Underarm Wax
25	Bikini Wax from
17	Lip, Chin or Eyebrow
25	all 3 together
35	Face Wax
35	Arm Wax
70	Brazilian

## Mens Waxing

50	Back
55	Chest
15	Eyebrow

## Little Extras

25	Lash Tint
19	Eyebrow Tint
17	Lash Tint with facial
40	Lash & Brow Tint

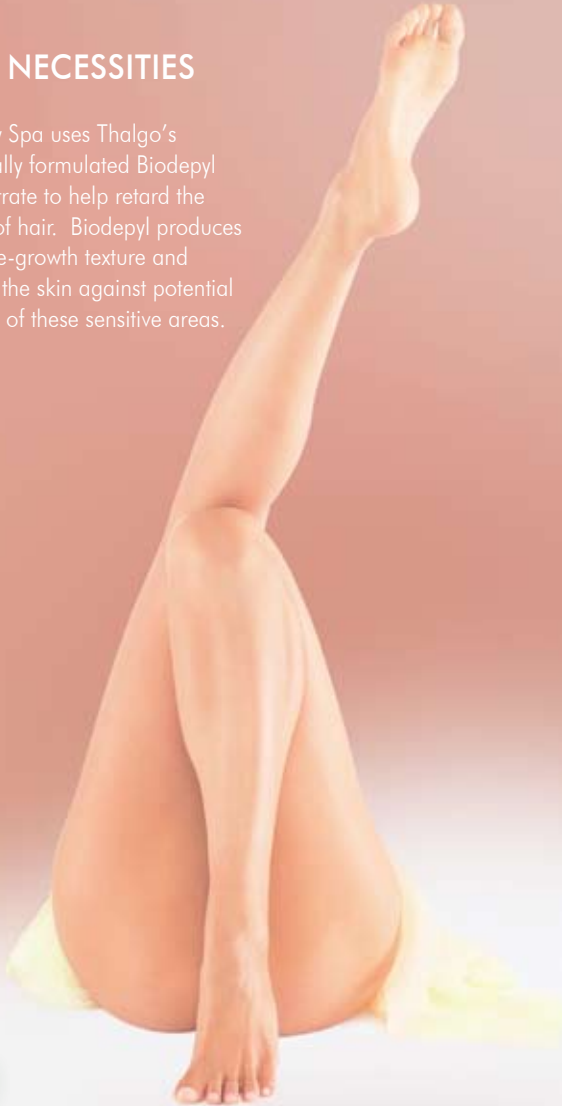
Cancellation Policy: Gio Day Spa appreciates if all cancellations can please be made at least 24 hours prior to the appointment, thankyou.

## HAND & FOOT THERAPY

Under the hands of our Nail Team – you will be assured that your hands and feet will get all the attention they deserve – the ultimate experience for tired dry hands and feet.

## BARE NECESSITIES

Glo Day Spa uses Thalgo's specifically formulated Biodepyl Concentrate to help retard the growth of hair. Biodepyl produces a finer re-growth texture and protects the skin against potential irritation of these sensitive areas. POA



### Bliss Out \$110

This pampering treatment is perfect for those who not only want to improve the appearance of their skin but also want to relax, revive & rejuvenate. This soothing, warm lemon, verbena mask delivers the most up to date ingredients deep into your skin while the appearance of fine lines and wrinkles are diminished

### Thalgo-brasion \$155

Peel away the years. This cosmetic breakthrough anti-aging facial instantly resurfaces and smooths the skin. Proven to resurface by up to 70% and increase skin smoothness by 40% after one treatment. This treatment works by removing the top layer of inactive skin which then stimulates new cell growth, leaving clean smoother skin. Targets uneven skin tone, blemishes, fine lines and scarring, revealing a younger skin. Skin is left radiant and moist with an even complexion. Includes a hand treatment



### Elixir \$155

FAST acting, line filling, wrinkle reducing treatment that works. The Thalgo answer to BOTOX but it is natural. This exceptional face treatment helps slow down the signs of ageing, reducing fine lines and wrinkles. A specialized lifting massage is combined with a unique anti – ageing mask impregnated with a potent cocktail of anti – ageing ingredients. Your skin is instantly renewed and youthful after one treatment.



### Wrinkle Control \$155

This deep wrinkle filling treatment increases cellular energy and stimulates collagen synthesis. A specialised wrinkle reducing massage combines with double mask will leave your skin immediately smoother, fresher and clearer than ever. Wrinkles and lines are visibly reduces after just one treatment.

### Mer & Sens \$155

A unique combination of a signature ocean facial and hot stone massage. Stones are strategically placed on your body points to relieve your stress and tension and rebalance your energy flow. Simultaneous hot stone reflexology will leave you feeling really stoned. 85 minutes.



### Urban Man \$110

This masculine facial designed for males only using the Thalgo men's range.

## TEETH WHITENING \$ 300

Glo Day Spa is taking their beauty treatments to the next level by providing their clients with the latest equipment available in the tooth whitening industry - the Beyond Whitespa System.

The Beyond Whitespa System offers clients a simple, safe, state-of-the-art way to return their teeth to their optimal, natural whiteness in just one hour

Beyond Whitespa has the most advanced filtering system in the cosmetic tooth whitening industry and when used together with our special, mild whitening gel, our cold light power whitening technology works to quickly remove years of stains in one simple, safe, and comfortable treatment.

Get your brightest smile in just one hour at Glo Day Spa.

POA



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## BODY THERAPY

Thalgo Skin Logic - our state of the art skin and body treatments will pamper your body, face and soothe your soul. Spend an hour or a day - the results linger long after you leave. To enhance your treatment we will recommend an easy home care routine for you.

Yes you can tame cellulite: with our state of the art Thalgo products going deep down to enhance circulation and invigorate the body, chasing away troublesome cellulite.

All body treatments are available as a one off - after 6-8 treatments you'll see more fabulous than flabbiness.

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## OCEAN MEMORY

Ocean memory is an aquatic and sensorial journey, an invitation to bliss. Let your sense rediscover the wonders of the oceans and ultimately emerge renewed in a burst of vitality and exhilaration. Marine salt flakes and seaweed petals melt into a creamy mixture to polish the body. Following a Thalgo sculpting massage which is truly an awakening experience for the senses with movements that blend concluding with deep elemental stretches. The body then relaxes under a delicious crackling and self heating mask. After showering, your skin is glowing and infinitely soft so that you emerge with a renewed vitality.

\$175

**\$200 with Ocean Sensation  
Thalasso Therapy Spa**



## Treatments

### Body Renewal \$155

We bring the ocean to you - dead sea mud and salts are generously applied followed by a deep exfoliation massage once they are melted into your skin. Once removed the treatment is complemented with highly targeted essential oils chosen for your skin type. Results are incomparable - moisture is returned to the skin.

### Aroma Stress Relief Wrap \$155

Intense hydrating and relaxing treatment combined with therapeutic essential oils and Dead Sea mud to relieve tired and stressed minds and bodies. The perfect way to relax and enrich your skin. Feel free of everyday tension. Can be adapted to assist with body toning.



### Indoceane South Sea Journey \$175 with Milk Spa \$200

This exotic 4 step ritual will take you on a journey across the continents where you will discover a new type of relaxation, which renews the body and mind. Your journey starts in the Mediterranean with a sweet and savoury exfoliation, followed by a soothing milk spa from Egypt and the land of Cleopatra. This has then prepared the skin for an Ayurveda massage using ancient Indian intense sculpting massage techniques with warm oils to restore peace and harmony. Your journey ends in China with a creamy silken body wrap, where your skin will be left beautifully radiant and incredibly velvet in texture.



### Thalasso Spa Therapy \$60

This is a therapeutic underwater massage in your own private jet bath. Currently the only model of its kind in Australia. This spa bath treatment is equivalent to 2 hours body massage.

### Thalgoslim G5 \$80 p/h



**BODY THERAPY**

Immerse yourself into the Thalasso Therapy Spa, currently the only model of its kind in Australia. A therapeutic underwater massage in your own private jet bath, this is the ultimate in relaxation. The spa bath helps relieve muscular aches and pains, release toxins and helps release toxins from the body and assists your body in weight loss and toning.



**Marine Detoxifying Therapy \$155**  
A detoxifying body treatment involving gentle exfoliation followed by a warm algae mask rich in vitamins and minerals - which leaves the skin nourished and hydrated. This relaxing treatment is designed to ease away tension, help boost the metabolism and speed the elimination of toxins and cellulite. Ideal as a part of a weight loss program.



**Slim & Sculpt 120 Minutes \$195**  
This dual mask treatment is based on Chinese massage and the Russian school of massage. The Slim & Sculpt treatment incorporates active products and unique massage techniques to offer a double action of slimming and firming. This treatment is tailor-made to give a personalised solution to fight against fat build-up, dimpled and sagging skin. Slim & Sculpt awakens your senses with delicious ginger and cocoa scents.



**Thalgomince LC 24 \$195**  
This cellulite treatment is based on the Russian school of massage. The Thalgomince LC 24 treatment incorporates active ingredients to help change the density of your slimming cells. This rich generous wrap helps to eliminate fluid retention, waste and insidiously bulges. The perfect partner for keeping your figure.

**Body Massage \$95**  
With blended aromatherapy oils personally for you. Mer & Sens \$155  
More than just another massage method, Mer and Sens is a complete purifying, re-mineralising and relaxing experience. Exfoliating and sculpting techniques with hot and cold stones leaves you balanced, centred and energised. Welcome to the Stone Age!

**Relax The Back \$60**  
Soften those tense muscles by kneading, stretching and massage to get the stress out of your back, shoulders and neck.



**Get Glo-ing**  
For a beautiful golden tan without burning or peeling. Your skin is revitalized with a refreshing body scrub, followed by a professional application of St Tropez bronzer.  
**Spray tan with no exfoliation \$45**  
**Spray Tan with exfoliation \$70**